

Hi,
Congratulations on your new seedlings and thanks for supporting for a local start up business.
Looking for info on how to look after your plants?
Check out the guide below ↓.

Follow us on Facebook @Soniaseedlings for weekly stock availability and where we will be at different markets. We've got photos of our adorable site supervisor Chrissie, planting hints and tricks and competitions.

If you can't make it to the markets pm the page to place an order and pickup from 4 Kerrie Meares Crescent, Gracemere.

Feedback is always appreciated and welcomed. My email is soniasseedlings@gmail.com or call 0477 057 850 to get in contact.

I hope to see you visit again, where you can get a 10% discount off your next plant purchase when returning pots and labels for recycling and reuse.

May the pests not find your crop,
Your garden always be green,
Your crops full of flavour
And the bees always keen.

That crazy plant lady,
Sonia



Asparagaceae Family (Asparagus)

Variety	Plant spacing	Row spacing	Conditions	When to fertilise	Time to harvest
Asparagus Mary Washington	40cm	80cm	Full sun	3 months	3 years

Aizoaceae Family (Warrigal Greens)

Variety	Plant spacing	Row spacing	Conditions	When to fertilise	Time to harvest
Warrigal Greens	25cm	100cm	Full sun, light shade	Monthly	Whenever you are ready to eat

Alliaceae Family (Onions / Leeks / Shallots / Spring Onions)

Variety	Plant spacing	Row spacing	Conditions	When to fertilise	Time to harvest
Leeks	10cm	30cm	Full sun	6 weeks	
Shallots	10cm	30cm	Full sun	6 weeks	100 days
Spring onion	10cm	30cm	Full sun	6 weeks	50 days
Hunter River Brown Onion	10cm	40cm	Full sun	Monthly	Bulb is formed and tops wilt

Apiaceae Family (Carrots/ Celery / Fennel)

Variety	Plant spacing	Row spacing	Conditions	When to fertilise	Time to harvest
Celery Tall Utah	30cm	80cm	Full sun or part shade	Liquid fertiliser, fortnightly	60-100 days
Fennel	25cm	30cm	Full sun		Leaves as needed, bulb when size of cricket ball. Seed when developed.

Amaranthaceae Family (Beetroot / Silverbeet)

Variety	Plant spacing	Row spacing	Conditions	When to fertilise	Time to harvest
Beetroot Perfect 3	10cm	40cm	Full sun	Don't!	When the size of a golf ball
Beetroot Bulls Blood	10cm	60cm	Full sun	Don't!	When the size of a golf ball
Silverbeet Ruby Red	30cm	50cm	Sunny, plenty of water	Liquid fertiliser, fortnightly	30 days
Silverbeet Fordhook Giant	40cm	50cm	Sunny, plenty of water	Liquid fertiliser, fortnightly	35 days
Silverbeet Rainbow	40 cm	50cm	Sunny, plenty of water	Liquid fertiliser, fortnightly	Whenever you want to eat

Asteraceae Family (Lettuce / Artichokes / Sunflowers / Mesclun Mix / Endive)

Variety	Plant spacing	Row spacing	Conditions	When to fertilise	Time to harvest
Artichoke	80cm	100 cm	Full sun	Liquid fertiliser, fortnightly	12-18 months
Endive	25cm	30cm	Full sun	Liquid fertiliser, fortnightly	Whenever you want to eat
Lettuce Mixed salad	30cm	40cm	Shaded from westerly sun, lots of water	Liquid fertiliser, fortnightly	Whenever you want to eat
Lettuce Iceberg	30cm	30cm	Shaded from westerly sun, lots of water	Liquid fertiliser, fortnightly	45-60 days
Mesclun mix	5cm	15cm	Shaded from westerly sun, lots of water	Fortnightly, liquid fertilizer	Whenever you want to eat
Lettuce Cos Romaine	30cm	50cm	Shaded from westerly sun, lots of water	Fortnightly, liquid fertilizer	35 days
Lettuce Green Salad Bowl	30cm	50cm	Shaded from westerly sun, lots of water	Fortnightly, liquid fertilizer	Whenever you want to eat
Lettuce Red Salad Bowl	30 cm	60 cm	Shaded from westerly sun, lots of water	Fortnightly, liquid fertilizer	Whenever you want to eat
Rocket Wild	30 cm	60 cm	Shaded from westerly sun, lots of water	Fortnightly, liquid fertilizer	Whenever you want to eat

Brassica family (Cabbage / Cauliflower / Broccoli / Wombok / Radish / Leafy Greens / Cress)

Variety	Plant spacing	Row spacing	Conditions	When to fertilise	Time to harvest
Bok choy	35cm	60cm	Part shade, plenty of water	Liquid fertiliser, fortnightly	20-40 days
Broccoli Calabrese	45cm	60cm	Sunny, plenty of water	Liquid fertiliser, fortnightly	35-45 days
Broccoli Early Purple Sprouting	45cm	60cm	Sunny, plenty of water	Liquid fertiliser, fortnightly	35-100 days
Broccoli Italian sprouting	45cm	60cm	Sunny, plenty of water	Liquid fertiliser, fortnightly	35-100 days
Cabbage Sugarloaf	60cm	75cm	Full sun, plenty of water	Liquid fertiliser, fortnightly	40-60 days
Cress Curled	50cm	60cm	Shade, moist soil	Liquid fertiliser, fortnightly	Whenever you want to eat
Cauliflower Snowball	60cm	100cm	Full sun	Liquid fertiliser, fortnightly	30-60 days
Kale Red Russian	50cm	100cm	Full/part Sun, plenty of water	Liquid fertiliser, fortnightly	40 days
Mustard Florida Broadleaf	50cm	50cm	Full/part Sun, plenty of water	Liquid fertiliser, fortnightly	Pick leaves when young,
Radish	5 cm	30cm	Full sun, plenty of water	Don't!	20-30 days
Spinach English Medania	30cm	60cm	Full sun	Liquid fertiliser, fortnightly	Whenever you want to eat
Wombok	40cm	80cm	Full sun, plenty of water	Liquid fertiliser, fortnightly	

Concubits Family (Pumpkins / Zucchini/ Squash / Watermelons / Rockmelon)

Variety	Plant spacing	Row spacing	Conditions	When to fertilise	Time to harvest
Cucumber Crystal Apple	50cm	150cm	Full sun	monthly	30-60 days
Cucumber Spacemaster	40cm	80cm	Full sun	monthly	30-60 days
Cucumber Lebanese	80cm	100cm	Full Sun	monthly	When fruit is 10cm long
Pumpkin Butternut	100cm	150cm	Full sun	monthly	30-60 days
Pumpkin Golden Nugget	100cm	100cm	Full sun	monthly	30-60 days
Pumpkin Jap	200cm	400cm	Full sun	monthly	90-120 days
Pumpkin QLD Blue	150cm	150cm	Full Sun	monthly	Pick when attached vine is withered
Pumpkin Small Sugar	120cm	200cm	Full sun	monthly	100-110 days
Rockmelon Planters Jumbo	60cm	120cm	Full sun	monthly	45 days
Squash Golden Scallopini	60cm	90cm	Full sun	monthly	60 days
Watermelon Crimson Warpaint	75cm	125cm	Full sun	monthly	70 days
Watermelon Sugar Baby	50cm	100cm	Full sun	monthly	50 days
Zucchini Black Beauty	70cm	100cm	Full sun	monthly	When fruit is 10cm long
Zucchini Golden	100cm	100cm	Full sun	monthly	When fruit is 10cm long

Fabaceae family (Peas / Beans)

Variety	Staking required?	Plant spacing	Row spacing	Conditions	When to fertilise	Time to harvest
Beans Blue Lake	No	8cm	50cm	Full sun	6 weeks	30-60 day
Beans Cherokee Wax Dwarf	No	20cm	50cm	Full sun	6 weeks	30-60 day
Beans Purple Climbing	Yes	10cm	50cm	Full sun	Monthly	30-60 days
Beans Royal Burgandy	No	10cm	50cm	Full sun	Monthly	30-60 days
Beans Snake Red Dragon	Yes	10cm	50cm	Full sun	Monthly	When beans are 10cm long
Snow Peas	Yes	15cm	1 m	Full Sun	Monthly	5-7 weeks
Sugar Snap Peas	Yes	15cm	1m	Full sun	Monthly	5-7 weeks

Malvaceae Family (Okra / Marshmallow)

Variety	Plant spacing	Row spacing	Conditions	When to fertilise	Time to harvest
Marshmallow	60cm	100cm	Full sun, very moist soils	3 months	When plant dies down in winter (roots)
Okra Red Burgundy	60cm	100cm	Full sun	monthly	50 days
Rosella	100cm	100cm	Full sun	3 months	Leaves when young, flowers when fully opened

Poaceae Family (Corn / Grains)

Variety	Plant spacing	Row spacing	Conditions	When to fertilise	Time to harvest
Corn Jolly Roger	50cm	80cm	Full sun, lots of water	Liquid fertilizer, every fortnight	70-80 days
Corn Glass Gem	20cm	70cm	Full sun, lots of water	Liquid fertilizer, every fortnight	70-80 days

Solanaceae family (Tomatoes / Eggplants / Capsicums / Chillis)

Variety	Staking required	Plant spacing	Row spacing	Conditions	When to fertilise	Time to harvest
Capsicum California Wonder	No	60cm	140cm	Full sun	Monthly	40-90 days
Capsicum Marconi Red	No	60cm	140cm	Full sun	Monthly	40-90 days
Chilli Anaheim	No	50cm	100cm	Full sun	Monthly	40-90 days
Chilli Habenero	No	50cm	100cm	Full sun	Monthly	40-90 days
Chilli Serrano	No	50cm	100cm	Full sun	Monthly	40-90 days
Eggplant Black Beauty	no	80cm	80cm	Full sun	Monthly	40-90 days
Tomato Cherry -Camp Joy	Yes	50cm	70cm	Full sun	Monthly	40-60 days
Tomato Grosse Lisse	Yes	50cm	70cm	Full sun	Monthly	40-90 days
Tomato Mixed Gourmet	Yes	60 cm	70cm	Full sun	Monthly	45-60 days
Tomato Moneymaker	Yes	50cm	70cm	Full sun	Monthly	40-90 days
Tomato Oxheart Yellow	Yes	50cm	70cm	Full sun	Monthly	40-90 days
Tomato Roma	Yes	50cm	70cm	Full sun	Monthly	40-90 days

Herbs

Variety	Plant spacing	Row spacing	Conditions	Time to harvest
Anise	30cm	100cm	Full sun	When the seeds are ripe
Bay	400cm	400cm	Full sun or part shade	Pick as needed
Basil Sweet Italian	25cm	50cm	Full sun	Pick as needed
Basil Ruby Red	25cm	50cm	Full sun	Pick as needed
Basil Thai	25cm	50cm	Full sun	Pick as needed
Basil Lemon	25cm	50cm	Full sun	Pick as needed
Borage	30cm	30cm	Full sun	When flowers open
Catnip	60cm	70cm	Full sun	
Chamomile German	26cm	40cm	Full sun or part shade	When in flower

Var+iety	Plant spacing	Row spacing	Conditions	Time to harvest
Chives	30cm	60cm	Full sun	Pick as needed
Comfrey	100cm	100cm	Full sun	Pick as needed
Coriander	20cm	30cm	Full sun or part shade	Pick as needed
Comfrey	40cm	80cm	Part shade	Pick as needed
Cumin	15cm	20cm	Full sun	Leaves as needed, seeds when ripe
Dill	30cm	40cm	Full sun	Pick as needed
Evening Primrose	50cm	60cm	Full sun	16-18 weeks (leaves), ½ year-2year (roots), 1 year (flowers and seeds)
Echinacea	50cm	60cm	Full sun	Pick flowers as needed
Feverfew	45cm	60cm	Full sun	Pick as needed
Garlic chives	30cm	60cm	Full sun	Pick as needed
Lavender	40cm	70cm	Full sun	Pick as needed
Lemon Balm	50cm	100cm	Full sun or part shade	Pick as needed
Lemon Grass	100cm	100cm	Full sun	Pick as needed
Lovage	90cm	100cm	Full sun or part shade	Pick as needed
Mexican mint	50cm	50cm	Part shade	Pick as needed
Mugwort	80cm	80cm	Full sun or part shade	Pick as needed
Oregano	50cm	50cm	Part shade	Pick as needed
Peppermint	50cm	50cm	Full sun or part shade	Pick as needed
Parsley	25cm	30cm	Full sun	Pick as needed
Sage	50cm	50cm	Full sun	Pick as needed
Sage White	90cm	100cm	Full sun, free draining soil	Pick as needed
Sweet Marjoram	30cm	50cm	Full sun or part shade	Pick as needed
Savoury Winter	40cm	40cm	Full sun	Pick as needed
Spearmint	60cm	70cm	Part shade, water well	Pick as needed
Stevia Sweet Leaf	30cm	40cm	Full sun	Late summer before flowering
Peppermint	60cm	70cm	Part shade	Pick as needed
Rue	70cm	80cm	Full sun	Pick as needed
Rosemary	100cm	100cm	Full Sun	Pick as needed
Tarragon	60cm	70cm	Full sun	Pick as needed
Thyme	40cm	60cm	Full sun	Pick as needed
Yarrow	40cm	60cm	Full sun	Pick as needed